



How can I help?

(Updated on 3/25/20 at 9 am)

So many have already asked this question! Here are some of the opportunities to serve in the coming days that we've identified so far. Please contact the church office or the co-Pastors if you can help in any of these ways!

- Help us help you! Let us know what you need! Your faith community wants to support you – so tell us how we can help!
- We have received information about community needs and are happy to share! Do you know of a need or way to serve in our community? Contact the church office to include it on this list!
- The Perinton Food Shelf, an emergency food relief organization that served 50,000 meals to Perinton residents in 2019, is in need of all items during this coronavirus. The shelves and freezers are close to empty and there are more needy families than ever before!

Community drop off locations include:

- Perinton Town Hall (please deliver to table by the back door)
 - Fairport Library
 - Red Bird Market
- Got a sewing machine? Got a serger? Your help is needed to fight the virus! There are a few opportunities to sew face masks:
 1. Heritage Christian Services needs masks to protect the vulnerable population they serve. Donations should follow the patterns below. Contact Pastor Hoffman if you have finished masks to coordinate for pickup.
 2. Mask recommended from Deaconess Hospital, Indiana <https://youtu.be/9tBg0Os5FWQ>. The instructions ask for 1/8" elastic. You could use 1/4". There is currently a shortage of this elastic and several sites are backordered. If elastic is not available, elastic hair bands can be used
 3. The instructions ask for flannel for backing but that is not essential. Fabric should be a closely woven cotton, preferably 100% if possible. Fabric should be pre-shrunk before sewing.

4. Mask from Olson St Luke's Hospital, Iowa-contains a filter pocket and nose wire. Hospital researched. Pattern and instructions attached. At this time, we would finish these masks per instructions.
<https://www.youtube.com/watch?v=ZnVk12sFRkY>
 5. This website will be updated with patterns and video instructions:
<https://robertjeffery.us/workfromhome/sew-from-home/>
- Help Alli O'Malley who is assisting United Way of Rochester in recruiting volunteers for a critical need in our community – distribution of food. Specific details on the initiative can be found at the links below. PLEASE NOTE: IF you are not already signed up in the volunteer portal as an individual or team contact, you will be prompted to do so before you can sign up for a shift.
 - *Morning Shifts*
https://uwrochester.galaxydigital.com/need/detail/?need_id=508409
 - *Afternoon Shifts*
https://uwrochester.galaxydigital.com/need/detail/?need_id=508412
 - *Thanks in advance for sharing this critical volunteer opportunity!
Blessings, Alli O'Malley (Volunteer, on behalf of United Way of Rochester
ajomalls@rochester.rr.com, 585.727.7598 – phone or text)*
 - If it's safe for you to do so, consider donating blood. There is a critical shortage in our area! Check out the American Red Cross for more info. Use the link below to search by location or date. Be sure to make an appointment; they may not take walk-ins. <https://www.redcrossblood.org/>
 - Supplies for the most vulnerable: Do you have any cleaning products, disinfectants, Clorox wipes, or hand sanitizers to spare? Are you sewing masks? Heritage Christian Services welcomes your donations. Contact Pastor Hoffman to arrange for pickup.
 - Run errands or do grocery shopping for someone who cannot (or should not!) be out and about
 - Do you have another idea? Let us know!